



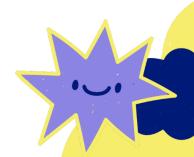
Emergency Preparedness for Children with Special Needs

You never know when there will be an emergency...

Is your family prepared?

We care deeply about your family's well-being. Please take a moment to review the following pages to ensure you and your loved ones are ready for any situation.





Emergency Preparedness for Children with Special Needs

Adapted from Committee on Pediatric Emergency Medicine

- Prepare a Personal Profile, a brief but comprehensive summary of information that will be important for hospital or emergency first responder management of your child's special health care needs. Your doctor and healthcare team can help. (Sample provided – page 3 – 6)
- 2. Update the information on a regular basis. Have the information in an accessible and useable format (do not rely on having computer/wireless access).
- 3. Take the Personal Profile with you to all healthcare encounters.
- 4. Rapid 24 hr access to the summary should be ensured. Copies should be accessible at home, preschool/daycare/school and during transport. Schools, childcare facilities and preschools should be encouraged to include the summary with the child's emergency kit and/or individual health plan
- 5. Caregivers (childcare/pre-school/school) should be educated to understand the use/importance of the Personal Profile.
- 6. Decide who in your community needs to know that there is a person with special needs in their neighborhood (Fire dept., local medical clinic, ambulance station).
- 7. Create a personal support network ask a people you trust if they are willing to help you in case of an emergency. Neighbours are often the closest and most available contacts in an emergency.
- 8. Make an emergency escape plan how to get out and where to go. Have an emergency kit ready and easily accessible. Remember to include your service animal in your plans.
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- 10. Remember to include your service animal in your plans.





Personal Profile

Emergency Information Sheet

Created:	Updated:			
Name:	Personal Health Number:		Date of Birth:	
Address:		Telephone:		
Language(s):	Primary Language Spoken at home:		Would having an interpreter be helpful?	
			Yes No	
*Main Living Situation & primary caregiver(s): family, foster home, MCFD Agreement.		D Agreement.		
Advance Directives/ Code Status:	Allergies (food, medicine, latex, environmental):		Procedures and treatments to be avoided:	
Management to initiate emergently:		Techniques	Techniques that promote calming in the child:	

EMERGENCY CONTACT:			
Name:		Name:	
Relationship:		Relationship:	
Address:		Address:	
Telephone		Telephone	
(Home):		(Home):	
Telephone		Telephone	
(Alternate):		(Alternate):	



Medical Information

PHYSICIAN: Family Doctor	PHYSICIAN: Pediatrician/Other Specialist
Name:	Name:
Address:	Address:
Telephone:	Telephone:
Pharmacist:	Pharmacy:
Name:	Name:
Address:	Address:
Telephone:	Telephone:
Diagnosis/Condition:	Allergies:
Diagnosis/Condition:	Allergies: Image: Contract of the second s
Diagnosis/Condition:	Allergies: Image: Constraint of the second secon





Other:			PHYSICIAN: Pediatrician/Other	Specialist	
Seizure Disorder?	Yes	No	Communication challenges?	Yes	No
Seizure Protocol in place?	Yes	No	Swallowing concerns?	Yes	No
Visual Impairment?	Yes	No	Gl Tube?	Yes	No
Hearing Impairment?	Yes	No	Wheelchair/other equipment?	Yes	No
Cognitive Challenge?	Yes	No	Immunizations current?	Yes	No
Behavioural Challenge?	Yes	No			

RISK FACTORS: Recent surgery; brittle bones, elopement; high anxiety under stress etc.

Other Considerations:	

Additional Healthcare Providers:	Contact Information:
Physical Therapist:	
Occupational Therapist:	
Speech-Language Pathologist:	
Social Worker:	
Community Health Nurse:	



Is Your Family Prepared?

There are many resources available to help you prepare

Here are some links:

Gov't of Canada	a comprehensive guide including considerations for people with special needs	<u>www.GetPrepared.ca</u>
St. John Ambulance	Information, tips and kits	<u>www.sja.ca</u>
American Red Cross	US document in conjunctions with FEMA	www.redcross.org/services/disaster/ be prepared/disability.pdf
Emergency Management BC	Information, training, resources, overviews of emergency planning by community	https://www2.gov.bc.ca/gov/content/ safety/emergency-management

If you have already started your kits, did you consider these supplies (as appropriate):

- Disposable supplies: nasal cannulas, suction catheters; feeding tubes; extra saline
- 2 week supply of all medications
- Copies of prescriptions for medical equipment, supplies and medications
- Battery back-up for any electrical equipment
- Extra batteries for hearing aids, communication devices
- Special dietary foods/textures/other supplies
- A cooler available for anything that must be refrigerated

