

## **What is Family Counselling Support Services (FCSS)?**

The Family Counselling Support Services are available to your child/youth and family. Examples of direct service include providing:

- Counselling on the impact of a new diagnosis on you and all the family members, working through grief and loss, managing stress, isolation, disrupted family functioning. Our goal is to support and enhance your family's wellbeing and functioning.
- Resource Information
- Linkages with community agencies

## **We believe that...**

Our aim is to work together with you in areas you identify as needing assistance. We aim to enhance your ability to continue providing positive support to your child and family through counselling, education, and skills that build confidence and provide the tools to maximize quality of life.

## **Who We Serve**

Children/youth under age 19, and their families/parents who:

- Are referred by your CYSN Social Worker
- Live in Burnaby, New Westminister, or Maple Ridge/Tri-Cities

## **Where and When We Provide Services**

Families/caregivers receive services at locations that are most accessible for them. These could include the BCCFA office in Burnaby or Vancouver, virtually, or by phone.

FCSS are provided Monday to Thursday (\*Program staff work part-time). Family appointments, groups and workshops, and Family Together Nights may be scheduled outside of regular working hours as required.

## **Cost of Program**

There are no fees for this program which is funded by CYSN at Ministry for Children and Family Development.

## **Duration of Services**

Families referred to the program can access the support services for up to six months. This can include counselling, information on promoting your child's social emotional development, networking opportunities and other events.

## **How to Apply for Services**

Your CYSN Social Worker must initiate the referral on behalf of the family. An online referral will be completed by CYSN Social Worker in consultation with the parent/guardian.

## **Program Contacts**

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